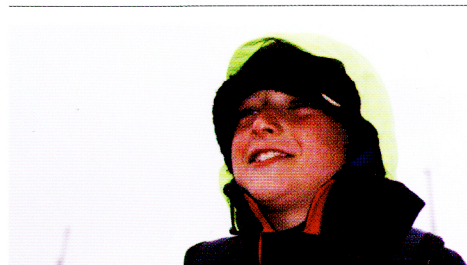


WHAT WE DO



FAMILIES WEEKS

Our family sailing trips are all about quality time, working together and re-engaging. We provide opportunities for Service families, who have been affected by the unique nature of Service life, to simply spend some time together on a skippered yacht in Cornwall.



ZERO TO HERO

'Zero to Hero' is an opportunity for those who are finding it difficult to establish a positive path for their future. In a supportive and understanding environment we provide flexible expert tuition and mentor support to help those on the course achieve an internationally recognised marine qualification that can lead to a new career anywhere in the world.



RYA COURSES

We offer the opportunity for individuals affected by operational tours to have 5 days expert tuition to achieve an internationally recognised RYA Day Skipper and/or Competent Crew qualification.



TALL SHIP EXPERIENCE

Spirit of Falmouth is our beautiful 92ft wooden gaff rigged Schooner. With eighteen berths on board, various opportunities exist including day sailing and longer trips to locations like the Isles of Scilly. Spirit requires a bit of working together to make her go forward so the emphasis is on leadership and teamwork with a chance to spend some time with those who understand about returning from operations.

OUR STATEMENT OF PURPOSE

Turn to Starboard exists to support people rebuilding their lives after life-changing experiences while serving in our Armed Forces.

We help those retired from the forces and those still serving to get perspective on past events and focus on a successful future.

Beneficiaries gain tangible experiences, expert training and career-building opportunities including the chance to gain internationally recognised marine qualifications.

Our wide-ranging support doesn't just stop at the individual, it also supports them through the wider network of their family and friends.

Turn to Starboard was created from the personal experiences of its founder Squadron Leader (Rtd) Shaun Pascoe.

Shaun served on numerous tours during his Sixteen years in the RAF, including Kosovo, Sierra Leone, Iraq and repeatedly to Afghanistan as Officer Commanding of the Medical Emergency Response Team (MERT).

MERT is a medical team that flies forward using the Chinook aircraft to retrieve those significantly injured at the point of wounding, often in extremely austere conditions, under heavy enemy fire. The high-intensity nature of his operational work meant the transition on coming home became an increasing challenge. Shaun struggled adjusting to 'normal' life, he felt isolated and found it difficult to share his experiences, even with his loved ones.

Approaching his last year in Service, Shaun decided to spend his resettlement time and money on a RYA, Yachtmaster Offshore course with Cruising Instructor. Within two weeks of sailing he felt in a better place.

"There was something immeasurable about seeing the world from the sea. I felt in a better place and it markedly improved my interaction with others."

Using this qualification, Shaun began providing sailing opportunities for others in a similar position. As he came to the end of his Sixteen years Service he was able to focus on this activity full-time and has since amassed a significant following and support. In order to ensure the robustness and governance of what he was doing, Shaun registered as a charity with the Charity Commission in July 2012 and Turn to Starboard was born.